

# 2025 Events - Mark your Calendars

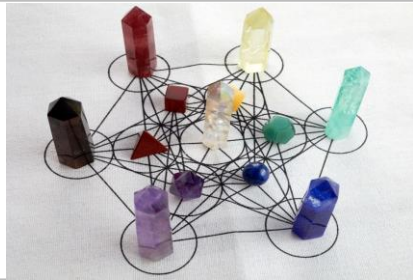
Space can be limited, enroll early. And keep your membership current for discounted event prices.

**Jan 26th**

Sunday 2 - 5pm

## **Crystal Grid Workshop**

Escondido



**Feb 22nd**

Saturday 3:30 - 5:30pm

## **Membership Reiki Share**

Serra Mesa Library

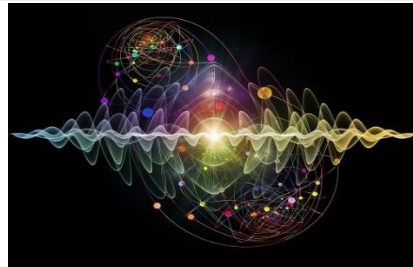


**March 23rd**

Sunday 2 - 5pm

## **Healing with Frequencies**

Escondido



**April 26th**

Saturday 11am - 1pm

## **SDRC Spring Meet & Greet**

Serra Mesa Library



**May 18th**

Sunday 2 - 5pm

## **Human Design**

La Mesa

**Postponed**



**June 21st**

Saturday 4:30 - 8:30pm

## **Summer Solstice Celebration**

Escondido



## **Member's Outreach**

July 19th & 20th

Gay Pride Walk, Balboa Park

August 8th & 9th

SD Standdown, Liberty Station

**Aug 17th**

Sunday 1:30 - 4pm

## **Vagus Nerve & Stress**

La Mesa



**Sept 13th**

Saturday 2 - 5pm

## **Breathwork & Toning**

La Mesa



## **Alzheimer's Walk**

Sept 20, Kit Carson Park

Oct 4, Liberty Station

## **Breast Cancer Walk,**

Nov 2, Balboa Park

**November**

## **Messages From Spirit**



**Dec 6th**

Saturday 5 - 8pm

## **Holiday Celebration**

Escondido

