

How Reiki can improve the quality of water

In 2018, Torsten A. Lange teamed up with the renowned Hagalis Institute in Switzerland for an experiment to find out whether Reiki can improve the quality of water.

For many years, Torsten had advised his students to fill two glasses with tap water, then give a few minutes of Reiki to one of them, and taste the difference.

The feedback suggested that there is indeed a significant improvement of the taste of water of the water, and often these home experiments were then shared with friends and family who all took part in water tastings and could confirm that the taste of water had improved.



The Testing Method

The Hagalis Institute certifies bottled water, primarily for the German, Swiss and Austrian markets, with a unique method to verify whether water is from a natural source or has been polluted. Well over 10,000 tests have documented how accurate this method is.

The water samples go through a distillation process, in which the minerals are extracted, and subsequently purified over high heat. In a set ratio, they are then recombined with the water. Unlike many other testing methods, no other substances are added the water.

At the end of the process, a sample drop is taken and placed on a glass dish where it is left to dry naturally.

The crystallisation of the mineral residue is then analysed under a microscope at different magnifications (40x/ 100x/ 400x)

The size, shaped, and intricacy of the crystals are then compared with the library of previous tests and used to determine the quality of the water.

Generally, 90-degree angles or significant crystallization, indicate current or recent pollution, whilst 60-degree angles and organic shapes (often in the shape of star fish or leaves) indicate natural unpolluted quality, as found in spring water. The quality of spring water can also be analysed and indicates whether the water can be particularly well absorbed and stimulates the metabolism. The tests are always performed under laboratory conditions to guarantee the integrity. The water quality is measured from 1 – 6, similar to the German school grades, where 1 is the best and 6 the worst.

The Reiki Water Test

In the test using Reiki, a number of bottles were filled with the local tap water, and then Torsten gave a number of 60-minute Reiki treatments.

The comparison sample of Swiss tap water was categorised as 3.1, indicated a mid-range to good quality tap water, but clearly showing signs of earlier pollution.

After an hour of Reiki, the quality improved to 2.1, which would normally indicate medium quality natural spring water. A significant improvement (which clearly surprised the director of the institute who had not anticipated a significant change).

But the even bigger surprise came when Torsten focused on certain aspects of Reiki healing by using the three original Reiki symbols as concentration tools: The Power Symbol the Harmony Symbol, and the Connection Symbol.

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