



**San Diego Reiki Corps  
Front Page News  
501 (C) -3 Non Profit Organization**

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**Meeting of the Board**

**THE SDRC BOARD OF DIRECTORS met on 22<sup>nd</sup> July 2010**

After convening, we opened by welcoming Claire Simon as the new Sharp Hospital Volunteer Coordinator into the organization.

We discussed a variety of subjects regarding marketing and branding the SDRC here in San Diego.

Some of the ideas include

- How to handle care of patients after they leave the hospital. Many are requesting reiki. How may we best facilitate that with integrity for the patient and the SDRC without creating a conflict of interest with the hospital program?
- How to create more public awareness of the SDRC? Publicity and outreach are two ideas we discussed

Check out Member News for more details and how you may get involved.

The San Diego Reiki Corps (SDRC) is growing and at the July Board meeting some new and interesting ideas were brought forth.

One way to make the SDRC grow is to come up with ideas of how to help the community plus teach how Reiki has been helpful.

As we put positive energy into our future plans it is necessary that we have inputs from all of you. The SDRC Board can only go forth with plans if we have the support of the complete community. We are adding some additional staff to the organization so that we have more people covering the workings of the SDRC. If you have suggestions as to what we could add or do to make us a more viable organization, please feel free to let us know.

*Namaste,*

*Phil Poisson, Chairman, San Diego Reiki Corps*



**Message from  
the Chairman**

## Member News

**SDRC membership** fees are **\$25** and will be **due June 1 annually**. We currently have 124 members, 43 of whom enjoy the benefits below by paying fees. It's less than 50 cents a week to join this wonderful organization of healers. (You can't get a cup of coffee for that amount of money anymore!) If you've been attending the gatherings and think you'd like to enjoy these benefits, please make your check payable to **SDRC** and mail it to **San Diego Reiki Corps Inc. PO Box 531558 San Diego CA 92153-1558** Thank you for your support.

- Members are entitled to designate themselves as members of a professional organization.
- Members are given a free listing on the SDRC website.
- They also receive the SDRC newsletter and have the opportunity to learn firsthand about gatherings and Reiki shares, and more.
- Reiki Teachers may wish to offer special benefits or discounts on their classes to SDRC members.

**SDRC Website Update:** I am looking for inputs as to how to organize the Members, Teachers and Members Site Link pages. Right now each page is random and maybe that is not how it should be. As SDRC Paying Members, one of your benefits is to have your information and website listed. Here are some suggestions as to how members should be listed:

- Alphebetical.
- By years of experience.
- By location (zip code or area of city you live or work in)

I would like your input. Right now there are 44 paying members.

Please provide feedback on this issue by email to the chairman, Phil Poisson, [taoshih@cox.net](mailto:taoshih@cox.net).

**Community Outreach / Publicity for SDRC:** Serena talked about a plan to submit articles about the SDRC to several newspapers, Magazines, and other Publications. They could be articles on individuals or reiki practices. Here are some placement suggestions:

- Reiki News Magazine (William Rand Publication)
- Women to Watch
- Reader
- Light Connection
- Request inputs from SDRC members to be submitted to various publications
- Local papers – Union Tribune, Coronado Journal, North County Times, etc.

**DO YOU HAVE A REIKI STORY TO SHARE?** Do you have connections in any publications you think would be interested in our story? **Please** let us know by emailing Phil Poisson, [taoshih@cox.net](mailto:taoshih@cox.net)

## SDRC Update

**New location for the Gathering:** SDRC gathering will be held the Woods Mobile Home Park Club House. It is a lovely space and there's enough parking. Let's go green and carpool for the next meeting. Our thanks go to Catherine Reddiconto for providing a beautiful space for our gathering. Stayed tuned for the next SDRC Gathering email which will give the details of the September 19<sup>th</sup> gathering.

## Members Recommend

**Mary MacLaren** proudly invites Reiki Corps members to see a new healing tool that she has created, a deck of Inner Child Healing Cards. This vibrantly illustrated deck is a powerful resource that can be used by therapists, 12 step groups, energy workers, cancer patient support groups and anyone on his or her own healing journey. The purpose of the deck is to help people remember emotional wounds from childhood. Even though we may have forgotten about our past experiences, they can still be dictating how we respond to life today. By getting in touch with these memories we can discharge the emotions and energy still tied to them. When we free up this old, stuck energy, we can then start living a more joyful life. Visit Mary's website, [www.innerchildhealingcards.com](http://www.innerchildhealingcards.com).

**Susan Barrett:** The International Institute of Inner Study continues in its offering of a weekly healing clinic given by the San Diego Alumni of Reiki Tummo. This free clinic is usually held on Wednesday evenings at 6 PM at Susan Barret's home in Clairemont. Please check our schedule and sign up at: <http://reiki.meetup.com/419/> Also for the public we hold a weekly Meditation session on the weekends, either in Encinitas or in Clairemont. Any special healing requests can be scheduled, too. Healing comes from the Heart. Reiki Tummo is just the start of a beautiful journey back to True Source through the Heart.



Claire Simon generously offers her time to both the Sharp Memorial Hospital Reiki program and the SDRC Board of Directors. When not offering sage advice to the SDRC Reiki Board where she serves as Hospital Volunteer Coordinator, Claire pursues her postdoctoral research in Neuroscience in La Jolla.

### Corps Member Profile: Claire Simon Reiki Master and Sharp Memorial Hospital Volunteer Coordinator

#### Claire Simon

"During my master attunement I was guided to work in a clinical setting, both hospitals and hospice. I came home that evening and found the Sharp Memorial program online which brought me to the SDRC. After only a few months with Sharp the Hospital Volunteer Coordinator position became available. I believe that service is a keystone of spiritual growth so took on the role and have been blessed to coordinate such wonderful volunteers. It's truly humbling to be involved with such a gift."

I do not usually take on the role of client-practitioner with my Reiki. I focus my Reiki practice to the home and local community. Aside from the hospital work I am primarily work with my reiki circle and close friends. We exchange services, work with guides, clear our homes and create safe space together for our own lives to unfold. I am constantly amazed by the power reiki has in my own small piece of the world."

## The Last Word: Our mission statement

**The San Diego Reiki Corps** We are dedicated to the art of Reiki, to the infinite possibilities of healing. We join together for the education, support, and sharing of ourselves and others in the ways of self mastery through this particular practice. With enthusiasm and trust, we welcome the creation of our Reiki community and work toward growth to benefit all members, all clients, and all who come to share their healing journey and Reiki with us. We ask that all members have Usui Reiki as their foundation for Reiki practice to support the uniformity of the Reiki Corps service. Many other forms of Reiki are welcome additions to what we honor as the original and most fundamental practice of Reiki.