



## San Diego Reiki Corps Front Page News

May 2009 Volume 2

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### CLARIFICATION:

We have been asked if you have to be a member of the SDRC to be able to part of the Sharp Memorial Hospital Reiki Program. The answer is no. It is not necessary to be a member of the SDRC in order to participate in the Hospital Volunteer Program. For More information on the Sharp Memorial Hospital program please visit the SDRC Web site. <http://sandiegoreikicorps.org>

This is a wonderful time to **be a member of the San Diego Reiki Corps**. Why, you ask: because the SDRC provides many valuable services to the healing community. As a healing practitioner yourself, this is a place where you'll feel right at home.

As a member of the Corps, you may gather with like minded people who share your appreciation for Reiki and other healing arts. You'll attend workshops on a variety of subjects which are important to our programs and about which are members themselves are passionate. Some of the subjects in the past year have included Huna, animal reiki, reflexology, and more. Our members and other speakers enthusiastically share their knowledge and experience for the benefit of all.

As a member you may be linked off the SDRC main web page as a practitioner or teacher. SDRC gatherings provide an opportunity to network with others working with Reiki, share and exchange information, experience and ideas as well as and be informed of what is happening within the Reiki world. Additionally, members are listed on the SDRC Web site with links to information on their own classes, sessions and fees.

You may, with confidence, refer someone to our extended network/members rather than have them drive 20 miles for reiki.

At each gathering, we include the restoring of self and others in our healing circle. We also hold a brief meditation so that all who participate may be relaxed and present, leaving behind the cares of the day.

Now with the SDRC newsletter you may make your community aware of your own events, workshops and speakers who would be of interest to others. Our healing circles are growing and intersecting. We want to welcome those interested in participating in an active way to join us. The future of alternative medicine/healing is very bright. More and more people are combining these modalities to find even more rewarding results.

The cost is **\$25** per year, less than \$0.50 a week. To join this wonderful organization of healers, please make your check payable to **Phillip Poisson** and mail it to **1830 Tamarand Way San Diego, CA 92154** Thank you for your support.



## Message from the Chairman

The San Diego Reiki Corps (SDRC) was organized after the Reiki Volunteer Program at Sharp Memorial Hospital. As the organization has grown, it is now time to formalize membership in the organization. At the last board meeting, it was decided to establish an annual membership fee of \$25. Membership fees are due within 15 days. This will assist in fees attached with applying for 501.C3 and Non-Profit status.

As the San Diego Reiki Corps is working toward becoming a 501-C 3 Non Profit Organization, we have reserved our Name, all the board members, have signed the Articles of submission, and within the week we will submit our request to the Secretary of State.

I would like to thank those who volunteered to take a position on the SDRC Board. It has been a lot of work, reading, and traveling around San Diego to get the necessary signatures but it will be worth it. Thanks to each and every one of you, this program is a sincere blessing to those that receive.

Namaste,  
Phil

## Member News

As the program grows, and we add additional members to the program (presently at 103 listed members), and 36 Reiki Volunteers for the Hospital.

We have added 5 new volunteers to the Hospital Reiki Corps last month. Welcome all of them when you see them.

Inge Quay	3 <sup>rd</sup> Tuesday of the month
Elsie Romero	1 <sup>st</sup> Wednesday of the month
Cynthia Backer	4 <sup>th</sup> Monday of the month
Roshann Chahidi	1 <sup>st</sup> Thursday of the month
Debbie Barry	3 <sup>rd</sup> Monday of the month

All of our new members currently have a partner. If you have been thinking of joining the Sharp Memorial Hospital Reiki Program, now is a great time.

## SDRC Update

A Reiki Healing Request Form has been added to the SDRC website. [Marty Arnold](#) is the Healing Request Coordinator. Please let your friends and families or other groups know this resource is available to them. To access the form go to <http://sandiegoreikicorps.org/DistantHealingRequest.html> or click on [Reiki Healing Request](#). Thank you

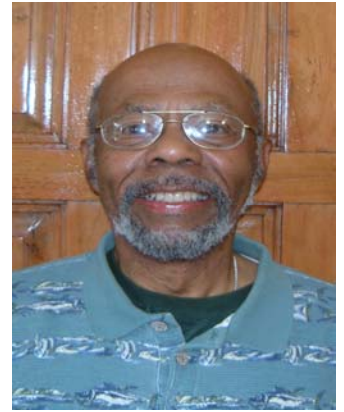
## Corps Member Profile: Frederick Jackson

### Reiki Practitioner and Teacher

I have been actively involved in the healing arts for over 50 years and am still learning. I became interested in reiki over ten years ago and have been a Master Reiki for about eight. I enjoy "passing the baton" to others who want to join the ranks. For me, joining SDRC was a no brainer and I have benefited from the fellowship and guest speakers.

The Sharp Hospital Reiki program provided a response to Dr. Usui's invitation to do service. As for the Reiki Corp, I believe there needs to be a means by which reiki practitioners can gather, where they can exchange information and support one another.

I have an active practice of Spiritual Life Coaching; the goal is to assist one in aligning self with Source Energy. I know with all and for all, a world of Peace and Wellbeing.



*Frederick shares his reiki skills with the SDRC and the Sharp Memorial Hospital Reiki Program. He is also a very good speaker on a variety of healing subjects.*

## Members Recommend

Be sure to go to the SDRC site under EVENTS for more information.

**Sufi Master Shabda Kahn**, a direct disciple of the American Sufi Master, Murshid Samuel Lewis, has been practicing Sufism since 1969. He will be in San Diego offering a demonstration and workshop of his skills **May 1-3**. For more information, please contact Louise Jacobus at (619) 415-3568 or go to [www.onesunsandiego.com](http://www.onesunsandiego.com)

Marty Arnold, our Healing Request Coordinator, cordially invites you to a book-signing and brief talk by **author, Jessica Miller** on her new book, [Reiki's Birthplace](#). Jessica details her personal insight and travel experiences to Mt. Kuramayama, a most sacred place to all reiki practitioners. The event takes place in Marty's home on **May 13**, Wednesday, from 5:30 to 8:30 pm Books will be available for purchase. Refreshments will be served. For more information and to RSVP, go to the SDRC site under events to get the information.

**Frederick Jackson** will be teaching a **Reiki Level I and Level II** workshop, in a lovely Japanese garden setting in Mission Hills, Saturday, **May 16**, from 9:30 am - 4 pm. Certification will be offered. Space is limited to 15 students. For more information, please call 619 370-4803.

**Healing Touch for Animals** is hosting a Level I workshop at Sweetwater Farms in Bonita, May 29-31. Class size is limited. Workshops include Intro to HTA, Canine Workshop and Equine Workshop. For more information please go to [www.healingtouchforanimals.com](http://www.healingtouchforanimals.com) or call Madeleine Forbes at 619 992-4025.

Several **Reiki Tummo** workshops will be held here in San Diego, **June 5-8**. For more information on this and other events, contact Susan Barrett at 858 571-0187 or go to [www.ReikiTummo.com](http://www.ReikiTummo.com)

San Diego Museum of Art from **June 12 to 14** hosts **Art Alive**, its annual art and flower extravaganza, now in its 28th year. Live flowers in concert with artworks create a glorious spectacle. This year's interpretations show off the Museum's Spanish and Italian paintings. For more info call 619-220-8497, or go online at [www.ticketmaster.com](http://www.ticketmaster.com). Cost is \$15 to non members.

## Upcoming Events

The Gathering	to be determined
Body Worlds 2	on going
Shabda Kahn, Sufi Master	May 1-3
Jessica Miller. Author	May 13      5:30 – 8:30 pm
Frederick Jackson, Reiki Certification	May 16      9:30 am to 4L00 pm
Healing Touch for Animals	May 29-31
Reiki Tummo Workshops	June 5-8
Art Alive at SDMA	June 12 - 14

## The Last Word

### The SDRC: Our mission statement

We are dedicated to the art of Reiki, to the infinite possibilities of healing. We join together for the education, support, and sharing of ourselves and others in the ways of self mastery through this particular practice. With enthusiasm and trust, we welcome the creation of our Reiki community and work toward growth to benefit all members, all clients, and all who come to share their healing journey and Reiki with us. We ask that all members have Usui Reiki as their foundation for Reiki practice to support the uniformity of the Reiki Corps service. Many other forms of Reiki are welcome additions to what we honor as the original and most fundamental practice of Reiki.

We welcome your thoughts, objective criticism, input and ideas. Please let us know what you think of our first newsletter and how we can improve. We are here to support each other and we appreciate being supported by you.

### Sharp Memorial Hospital Reiki Program Schedule May 2009 through July

Name	Day	May	June	July
Shirley and Cindy	<b>First</b> Monday	4	1	6
Frederick and Maggie	Tuesday	5	2	7
Edna, Elsie and Sandra	Wednesday	6	3	1
Kate and Roshann	Thursday	7	4	2
Tina and Cathy R.	<b>Second</b> Monday	11	8	13
Lorna and Dennie	Tuesday	12	9	14
Mary Mc, Ryan and Chris	Wednesday	13	10	8
Liz and Emmy	Thursday	14	11	9
Brian, Debbie and Paul	<b>Third</b> Monday	18	15	20
Inge and Eloisa	Tuesday	19	16	21
Lorraine, Ryan and Brenda	Wednesday	20	17	15
Toni and Kaliani	Thursday	21	17	16
Susan, Lorna and Cynthia	<b>Fourth</b> Monday	25	22	27
Phil and Laurel	Tuesday	26	23	28
Marice, Ben and Toru	Wednesday	27	24	22
Lisa and Emmy	Thursday	28	25	23