



San Diego Reiki Corps, 3231-C Business Park Dr. #213, Vista, CA 92081, SanDiegoReikiCorps.org

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Exciting New Features and Traditional Events

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Save the Dates:

October 15th

Full Moon Labyrinth with
Nathan and Irene in
Ramona. 5:30-9:30pm
The moon rises at 6:19 so
don't be late!!

October 30 - November 3rd

Volunteer for
AIHM Conference,
San Diego

December
Candle Light
Ceremony and
Celebration,
with Pot luck
and Holiday Bazaar

President's Message:

Hello everyone!! Do you realize it's almost Fall? I don't - not yet!! It's still too hot! Fall comes with lots of changes. That's true for the SDRC Website as well.

Website:

We're adding exciting new features to the website!! We now have a Master Calendar showing all our events at a glance, including the Reiki Shares hosted by members. We decided a calendar would allow us to see how much Reiki is going on in our community and encourage everyone to get involved in a regular monthly Share. The opportunity for growth and comradery at a Share is heart warming and evident! If you are hosting one that is not listed please let me know when and where with times and a contact email.

You'll also see a revised HOME page with featured articles of personal interest or scientific merit as well as Kudos for outreach programs and Gatherings. Be sure to check it out today. Each month's changes will be indicated on the HOME page.

October Gathering:

Starting this month, September, Registration will be open for the road trip to Ramona for our much enjoyed Labyrinth Walk. This time, it is under a Full Moon with a group Ceremony. There will be plenty of time to walk the 7 Labyrinths, eat, get your Aura Photo taken and read, all before the 8pm ceremony starts. Register to RSVP of course and it's important to car pool. So log on, register, connect with each other or bring new friends and make sure you have a ride to the site. SanDiegoReikiCorps.org

Outreach:

SDRC has an exciting new association with AIHM - Academy of Integrative Health and Medicine for their Conference this Oct/Nov in San Diego. We'll be volunteering in the Energy Room during their week long activities. I was there last year and really enjoyed my hands-on giving experiences. Plus I got to see Depok Chopra speak!! That was a delightful bonus. Check your own calendar and make sure to schedule some time there. It is well worth it. See you there!!

I hope you enjoy the additional article, information and photos here too!!
Mary-Joy Neuru, President SDRC
mary-joy@cox.net

San Diego Reiki Corps
2016 Full Moon Labyrinth Walk



Event in Ramona, CA
\$25 for SDRC Members
\$30 for Guests

Participation limited!
Pre-Register
by October 10th

Be sure and go to the website to register, where there will be more information about the event. Once you've registered, we'll send you all the specifics about what to bring and how to get there.

SanDiegoReikiCorps.org

By the light of the silvery moon, I want to spoon To my honey, I'll croon love's tune ⁽¹⁾

by Serena Poisson

The moon has long been the focus of love songs, the gauge by which farmers plowed, planted and harvested and, before there was a Farmers' Almanac or calendars, indigenous peoples used the phases of the moon to mark the passing of the seasons and when it was time to move the villages, prepare for winter, etc., etc. Astrologers have told us how the moon influences not only our seasonal lives but our personal lives depending on where the other stars and planets were in alignment with the sun and the moon at the time of our birth.

On September 30, the new moon in Libra⁽²⁾ calls us to move into a higher vibration of thought and being, releasing judgments of others and more importantly, self. The opportunity to claim our true selves without the need for pretense, mirrors or the opinions of others. The new moon is the time to evaluate and state what it is we want and what we want to be.

Two weeks later, we will have the powerful Hunter Full Moon coming on October 15. The Native Americans called this full moon the Hunter Moon, the time when game was plentiful and plump ready to be hunted to become food for the coming winter months. It is also the time to manifest those things we've identified as being what we want. I personally feel the power and call of the moon, speaking as if just to me. I'd like to share with you something I wrote many years ago:

The Cloak of Darkness

The darkness of the night I pull around me like a cloak
Its silk lining gives no warmth, but I hide within its folds.
As I sit within my darkness, the moon rises to her fullness.
Silver strands of moonlight weave themselves through the silver of my hair.
Now I sit hidden in the darkness earning silver light;
Sitting quietly, I find that place within me where the I lives;
I move into that space, feeling my essence small with its confines.
Slowly a shaft of moonlight finds its way to where the I lives,
Sensing an opening, the I rises gently through the way of my body
And moves outward. Attached by a silver cord, beautiful in its simplicity
The I emerges as the Mist, swirls of iridescent color.
Looking out I see other images of Mist, swirling their music
Seeking my notes and I theirs so that we become a choir.
From this space We can see the past—all the pasts and I remember what I know.
From this space We create the future—all the futures leading to the One.
I know that I must return to an earthly form
And live within that confinement—
But, tonight. Oh! Tonight!
I
Soar!

I invite you all to join me on October 15 in Ramona as we walk beneath the light of the silvery moon, set our intentions, open to manifest and receive the blessing of the earth as we walk the labyrinth and share in ritual together.

(1) *By the Light of the Silvery Moon* by Doris Day

(2) Information taken from the *Living By the Light of the Moon Book* 2016 by Beatrex Quntanna

Outreach Activities

THE INTEGRATIVE HEALTH & MEDICINE CONFERENCE OF THE YEAR



AIHM ANNUAL CONFERENCE
People, Planet, Purpose
Global Practitioners
United in Health & Healing

OCT NOV
30 – 3
San Diego, CA



~~New SDRC Outreach~~

Academy of Integrative Health & Medicine

Oct. 30-Nov 3, 2016
Paradise Point Resort & Spa
San Diego 92109

Offer Reiki to Conference Participants!!

Contact:

outreach@sandiegoreikicorps.org

for details and scheduling

(volunteers may audit talks and presentations
during days you volunteer)



SDRC Reiki Volunteers for The Elizabeth Hospice



Art by Gerry Ravyn Stanfield

SDRC members volunteer at The Elizabeth Hospice

As a Hospice volunteer, you have a patient to see on a regular basis and are rewarded with their acceptance and gratitude for your time and Reiki energy!

San Diego Reiki Corps is excited about this new Community Outreach opportunity for our Reiki healing hands and hearts!!

(TB skin test and background check required, and paid for)

3 day training required, possible home DVD option

Here are 2 ways to get started:

Contact SDRC member Joan Boccio for info at 858-761-1254 or joanboccio@gmail.com

Contact the Volunteer office at The Elizabeth Hospice, 760-737-2050, or check out the website at elizabethhospice.org

Pranic Healing Educational



We learned so many things! Fun and mind-boggling!!

- About Master Choa and the inception of Pranic Healing
- Energy hygiene and its value (really important!!)
- Working with the bio-field and chakras in a different way
- Easy techniques for daily self-support (really important too!!)
- Measuring the power of words and experiencing how our actions and thoughts affect MIND/BODY energy. (WOW - Busted!!!)

TOO MUCH FUN and VERY REWARDING!! Thanks Michelenne!!



Michelenne Crab, Certified Pranic Healer



Michelenne chose one person from the group to work on.
Cataract surgery, not healing as hoped.



We learned how to find the Health Aura





She told us all kinds of interesting things!!



We measured emotions too!!



A Pranic Healer at Work! Very Interesting!



We closed sending Reiki to the names in our Healing Bowl!! It was a great day!! Thank you to all who attended.

Hope to see you all at one of our next Fantastic Events!! Namaste

Mary-Joy, President SDRC