

Benefits

- Attend gatherings with topics of interest to Reiki practitioners e.g. Herbal medicine, crystal healing, healing touch, aromatherapy and more
- Networking opportunities through regularly scheduled events where one can talk to fellow Reiki Practitioners
- Your name and email on the website Member list
- Your classes listed on SDRC website Events and Facebook page
- Emails sent directly to you for SDRC opportunities/classes/events
- Link to your website from the SDRC website
- Link your website to the SDRC website
- Access to opportunities to practice Reiki in the community and the hospital setting e.g. Sharp Memorial Hospital, Melanoma Walk for Life, Veteran's Stand Down, Project Homeless Connect
- Opportunities to take on leadership roles by participation on the Board or committees
- Receive e-mail alerts, newsletters, and access to online social networks such as Facebook.
- One year membership.

All this for only \$30 annually!

Join today by going to Sandiegoreikicorps.org and click on Members

The 5 Spiritual Principles

These are the secret of inviting happiness through many blessings and the spiritual medicine for all ills.

Just For Today:

Do not Anger

Do not Worry

Be Grateful

Be Honest and Work Hard

Be Compassionate to Yourself and Others



Mikao Usui



Outreach & Education



Working Together

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About

The San Diego Reiki Corps is designed to bring together Reiki practitioners dedicated to the art of Reiki and to the infinite possibilities of healing. The initial goal is to join together for education, support and sharing of ourselves and others in the ways of self-mastery through this particular practice. A secondary goal is to encourage the growth of a larger community of Reiki practitioners and to create benefits for all our members, all their clients, and all those who come to share their healing journey and the Reiki Energy with us.

We were officially established in May 2009 as a 501c(3), non-profit, and a federally classified public charity, under the educational banner.



What Do We Do?

The San Diego Reiki Corps provides healing services to our local communities. We conduct educational classes, and offer informational activities for both members and for the general public.

SDRC holds monthly Gatherings to provide opportunities for camaraderie and networking. We also offer presentations from experts on different topics of interest.

We staff multiple volunteer opportunities during the year with organizations like Sharp Memorial Hospital, Veteran's Stand Down, Project Homeless Connect, and the AIHM Conference.

We are a focal point for Reiki in the San Diego Community, listing all our members and their classes at SanDiegoReikiCorps.org

2017 Year in Review

The first Winter Series of events offered ***“Energy Meets Business: A Guide to Designing your Reiki Practice”***- This trio of gatherings included *‘Feng Shui the Space’*, *‘Managing Client Records’*, and *‘Finances, Marketing and Insurance’*. All the events were amazingly informative and lots of fun! With the proper tools, starting a business can be easy!!

In May, June and July we presented the ***“Summer Concert Series”***... These events were designed to indulge the members and guests in the practice of self-care. Those who attended enjoyed a *‘Mystical Gong Meditation’* *‘Sacred Crystal Bowls’*, and an *‘African Drumming Celebration.’* It was a joyfully special time for relaxing and gathering together with friends.

Our Fall Series included two opportunities to learn ***“Specialized Techniques: and Add to your Tool Box”*** which included *‘Medical Intuitive Healing’* and *‘Trauma Informed Care’*. Both events were packed with information and helpful tools that bring exceptional insight to the healing process and to the problems facing individuals in today's society.

It was indeed a year of great events!

We Volunteered ...

We took Reiki to the Community:

This year SDRC volunteers staffed 8 events, offering Reiki to both people and dogs. In January we helped 41 people at **Project Homeless Connect**. In February, 19 people and 26 dogs at **Rowdy's Fun Run** received Reiki; 5 people and 37 dogs at **Bark for Life** received in March. At **Walk for Animals** in May we treated 11 people and 47 dogs. In July 87 veterans received Reiki over the three day **Veterans Stand Down**. In September we supported **Alzheimer's Walk** and **Heart Walk**, serving 144 people. And in October we gave Reiki to 90 participants at the **AIHM Conference** at Paradise Point in San Diego.



Our program at **Sharp Memorial Hospital** is staffed with 20 Reiki members that volunteer, giving Reiki to about 500 patients a month.

We also bring Reiki to patients at Elizabeth Hospice and other hospice/palliative care programs in the San Diego area. Very enriching!

We look to the future ...

Announcement: In 2019 we celebrate our 10th year as a 501c(3) organization, presenting a Conference titled: ***“The Miracle of Healing”***.

In 2018 our Gatherings, and Events will present additional energy modalities and how they support medical practices of today. We'll look at Empaths, ESP training, and how volunteers can help. We will also offer several Fun Fundraisers to support the Conference.

Come join us!!