

SECOND  
WEDNESDAY  
& FOURTH  
THURSDAY

**TAKE A REIKI BREAK TODAY!**



*The  
Touch of Reiki:*

*Dissipates Anger  
Soothes away Worries  
Evokes a Heart-felt  
sense of Gratitude  
Inspires us to be & do  
our very best  
Engenders a state of  
Loving-Kindness...*

- James Deacon

## **SAN DIEGO REIKI CORPS** 2017 SCHEDULE

### **La Mesa Reiki Share**

**6:30-8:30pm**

**RSVP required**

San Diego Reiki Corps sponsors monthly Reiki Shares in La Mesa; usually the 2nd Wednesday and 4th Thursday of the month. Sandra Wennhold, Judi Catling, and Nancy Smits host the events. Join your fellow Reiki healers for the opportunity to practice, learn new tips and techniques to expand your Reiki repertoire, relax with a mini-session for yourself. All Reiki levels are welcome. Light snacks will be provided. Space is limited: **RSVP ASAP**. Location information provided upon reserving your space.

**Contact: Sandra 619-994-8354 or Judi 619-994-6684**