

Benefits

- Attend gatherings with topics of interest to Reiki practitioners e.g. Herbal medicine, crystal healing, healing touch, aromatherapy and more
- Networking opportunities through regularly scheduled events where one can talk to fellow Reiki Practitioners
- Your name and email on the website Member list
- Your classes listed on SDRC website Events and Facebook page
- Emails sent directly to you for SDRC opportunities/classes/events
- Link to your website from the SDRC website
- Link your website to the SDRC website
- Access to opportunities to practice Reiki in the community and the hospital setting e.g. Sharp Memorial Hospital, Melanoma Walk for Life, Veteran's Stand Down, Project Homeless Connect
- Opportunities to take on leadership roles by participation on the Board or committees
- Receive e-mail alerts, newsletters, and access to online social networks such as Facebook.
- One year membership.

All this for only \$25 annually!

Join today by going to Sandiegoreikicorps.org and click on Members

The 5 Spiritual Principles

These are the secret of inviting happiness through many blessings and the spiritual medicine for all ills.

Just For Today:

Do not Anger

Do not Worry

Be Grateful

Be Honest and Work Hard

Be Compassionate to Yourself and Others



Mikao Usui



Outreach & Education



Working Together

San Diego Reiki Corps
3231-C Business Park Dr. #213
Vista, CA 92081
Membership@SanDiegoReikiCorps.org
www.SanDiegoReikiCorps.org

About

The San Diego Reiki Corps is designed to bring together Reiki practitioners dedicated to the art of Reiki and to the infinite possibilities of healing. The initial goal is to join together for the education, support and sharing of ourselves and others in the ways of self-mastery through this particular practice. The next goal is to encourage the creation of our Reiki community and work toward growth to benefit all members, all clients, and all who come to share their healing journey and Reiki with us.

We were officially established in May 2009 as a 501c(3), not-for-profit, and a federally classified public charity, under the educational banner.



What Do We Do?

The San Diego Reiki Corps provides healing services to our local communities, and conducts educational classes for both members and the general public.

This year we are holding monthly Gatherings to provide opportunities for networking and presentations from experts on topics of interest.

We staff multiple volunteer opportunities during the year with organizations like Sharp Memorial Hospital, Veteran's Stand Down, Project Homeless Connect, the UCSD Melanoma Walk, and the AIHM Conference.

We are a focal point for Reiki in the San Diego Community, listing all our members and their classes.

2016 Year in Review

We began our year with "Recharge at No Charge" and "Plan and Play".

These events introduced our friends to Reiki and gave members opportunities to choose topics and help guide the direction of SDRC.

In May we presented our first Conference: "REIKI IN THE 21ST CENTURY"

It was a wonderful event with Key Note Speakers **Arjava Petter**, Reiki Master Teacher and **Kari Samuels**, Intuitive Counselor. The afternoon breakout sessions highlighted Animal Reiki, Crystal Healing, Reiki and Business, Reiki in Hospitals and Hospice, Law and Ethics for Reiki, Reiki for Global Healing, and Reiki Drumming. What an incredibly packed day with something for everyone!!

"Pranic Healing!"

In September we spent an amazing afternoon with **Michellenne Crab**, learning all about Pranic Healing. What fun!! She gave us lots of information, many new skills and techniques to practice, and a complementary bottle of lavender spray!! Wow!

We Walked the Labyrinths:

This year our return to **Sacred Hilltop Circles - The Crystal Labyrinths in Ramona** included a Full Moon Ceremony. Members and friends of SDRC walked, meditated, sat in, and enjoyed 7 beautiful labyrinths all built with crystals and stones of every shape and size. Thanks to Irene and Nathan we could have a personal aura imaging and reading.

Candle Light Ceremony and Celebration!

In December we honored 2016 while making way for 2017 with a Reiki Releasing and Bringing-In Ceremony. It was a perfect eve with good food, good friends and Sacred Space.

We Volunteered ...

We took Reiki to the Community:

SDRC volunteers staffed 3 days of the energy healing booth at **Veteran's Stand Down** in July. We also spent a morning at the Bruce Gorder **Melanoma walk at UCSD**, spent an entire week at the **AIHM Conference** at Paradise Point and an afternoon with **Project Homeless Connect**.



Our program at **Sharp Memorial Hospital** is staffed with 30 Reiki volunteers that are there 7 days a week and see 350-400 patients a month. This is a dynamite opportunity to take your Reiki skills and knowledge to a new and different level.

We also have multiple volunteers who have trained to bring Reiki to patients at Elizabeth Hospice, Apreva Hospice, Scripps Hospice and other hospice/palliative care programs in the San Diego area.

We look to the future ...

Our 2017 schedule of Gatherings, Events and Outreach Opportunities, include a 3 part series of **Business Oriented Support** topics, a **Meditative Music Series**: Gongs, Bowls, & Drums, and 3 Gatherings of **Specialized Techniques** to add to our Tool Box: Trauma Informed Care, Body Talk and Medical Intuitive Healing.