

# Sacred Healing Gong Meditation



**Teri Wilder** and her Gongs made our Saturday May 6th evening just spectacular!! Teri told her great story of how the gongs found and inspired her to change her successful music career into something much more soul felt. And boy did we feel the gongs too!! It was truly delightful!

She also brought hand made jewelry to sell and even gave away a CD to one lucky person.

**Thank you Teri!!**



Most of us brought pillows, blankets and a yoga mat for a relaxing listening experience.  
**SO NICE!!!**





And of course, we closed our evening, lead by Serena Poisson by sending Reiki to all the names in the bowl. It was a last sacred act for a beautiful evening. Thanks to all who helped and participated. Namaste

