

Reiki Wind Ryoho

Upcoming Classes Level I, II, III/Master

Reiki Level I Class – June 23 or July 21

This one day, six hour class will introduce you to the wonders of Reiki Energy Healing. It includes experience-based lecture, open discussion and hands-on practice for both chair and table settings. Saturday, 9 a.m. – 3:30 p.m.

Specific topics covered in this class include:

- Reiki History and Benefits, How Reiki Works, Reiki Principles, Auras, Chakras, Chakra balancing, Byosen scanning, Pendulums
- Reiki for Animals, Plants, Objects, and Situations
- Reiki treatment techniques in chair and table settings

You will receive a Reiki Level I Manual, Attunement, and Certificate

Teachers: Bob Bowen, RMT and Kathy Cueva, RN, RMT

Cost: \$75

Registered Nurses & Massage Therapists will receive CE Contact Hours by attending these Classes, for additional \$25. Board of Registered Nurses CEP # 12329, National Certification Board for Therapeutic Massage & Bodywork Provider Number 451224-10

Minimum class size: 6 people

Location: La Mesa First United Methodist Church

Reiki Level II Classes - July 28 or August 11

Reiki Level II is open to students who have completed Reiki Level 1 (in the presence of a Reiki Master). Saturday, 9a.m. – 3:30p.m.

Specific Topics in the class will include:

- Review of Level I foundations and techniques
- Review of chakra/endocrine system
- Introduction to the 3 Reiki Symbols and the use of distance healing
- Review of Chair and Table Treatments

You will receive a Reiki Level II Manual, attunement and certificate

Teachers: Bob Bowen, RMT and Kathy Cueva, RN, RMT

Cost: \$100

Registered Nurses & Massage Therapists will receive CE Contact Hours by attending these Classes, for additional \$25. Board of Registered Nurses CEP # 12329, National Certification Board for Therapeutic Massage & Bodywork Provider Number 451224-10

Minimum class size: 6 people

Location: La Mesa First United Methodist Church

