

# 2025 Events - Mark your Calendars

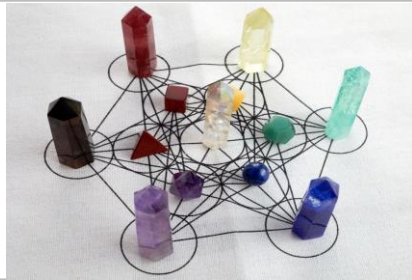
Space can be limited, enroll early. And keep your membership current for discounted event prices.

**Jan 26th**

Sunday 2 - 5pm

**Crystal Grid Workshop**

Escondido



**Feb 22nd**

Saturday 3:30 - 5:30pm

**Membership Reiki Share**

Serra Mesa Library

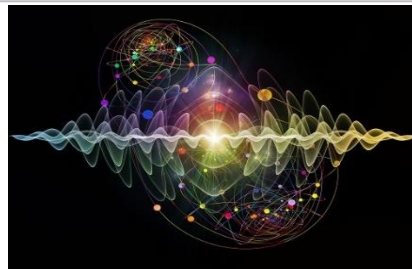


**March 22nd**

Saturday 2 - 5pm

**Frequency & Food**

Escondido



**April 26th**

Saturday 2 - 5pm

**SDRC Spring Meet & Greet**

Serra Mesa Library

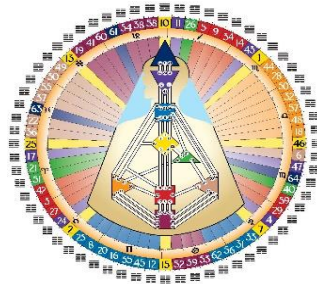


**May 18th**

Sunday 2 - 5pm

**Human Design**

La Mesa

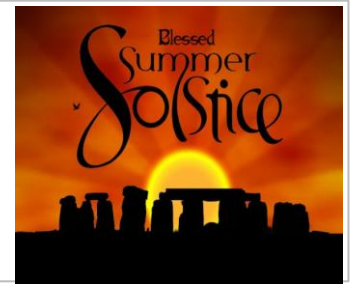


**June 21st**

Saturday 4:30 - 8:00pm

**Summer Solstice Celebration**

Escondido



**July**

Participate in one of our

**Reiki Shares**

See Events Page

**Aug 17th**

Sunday 1:30 - 4pm

**Meet & Greet Mini Reiki Clinic**

Mission Valley Library

**Need to Relax?**

**Come get Reiki!**

Reiki is a Natural Healing Modality that accesses Source Energy to support Wellness.



**Sept 13th**

Saturday 2 - 5pm

**Breathwork & Toning**

La Mesa



**October - Outreach**

**Alzheimer's Walk**

**Breast Cancer Walk**

**Veterans Standdown**

**November**

**Messages From Spirit**



**Dec 6th**

Saturday 4 - 8pm

**Holiday Celebration**

Escondido

