

## 2012 ANNUAL MELANOMA WALK



Saturday morning, October 6, 2012, sunrise was a panorama of color greeting me as I drove to UCSD to set up for the 19th annual **Bruce Gorder Melanoma Walk**. Great heartfelt thanks to our fantastic team shown above (L to R) **Shirley Weaver, Romel Hokanson, Heather Herriman, Nedra Abramson, Barbara Murphy, Serena Poisson, and Max Metz**. They arrived and in a very short time, the gazebo was set up, the banner was hung, massage tables were set up and covered with sheets, and the information table was up and filled with cards and brochures. The early morning sunrise gave

way to a beautiful, sunny day. There was just enough breeze to make it comfortable under the SDRC canopy even after the Reiki energy began heating up.

We had folks stopping by to ask questions. A few more curious ones hopped on a table and received a quick Reiki session before the walk. Each one was amazed at the level of relaxation after only a few minutes.

One of the most skeptical was a physician assistant actually working that morning in the Moores Cancer Clinic but with a little urging from Serena and Romel and a nod from one of the oncologists (he said his wife does Reiki on the family), he too got on a table and received a session from **Shirley Weaver, Romel Hokanson, Nedra Abramson and Heather Herriman**. When he got off the table, his first comment was, "We have some patients who could really use this." One less skeptic!!

The canopy came down with ease and was wrapped and zipped into its case. The tables came down quickly and cars were loaded. With hugs and thanks, everyone agreed this was another successful event for SDRC members. Look for more opportunities in the future.

