



The San Diego Reiki Corps (SDRC) Community Outreach Program participated in its first formal event on Saturday, September 24, 2011. A group of us set up two tables and several stools for the 18th Annual Bruce Gorder Melanoma 5K Walk. UCSD Moores' Cancer Center in conjunction with the Chuck Gorder family sponsored this event on that cool, drizzly Saturday morning. There were so many names and faces of those touched by Melanoma and so much determination that research continue, education be provided and someday, there will not be so many names and faces associated with this form of cancer.

Phil and Serena formed the team, *Forever Young* in honor of their son, James Lyn Young who transitioned on November 23, 2007, just a month after being diagnosed with Melanoma in the brain. When announcing team names, emcee Bill Griffith of Channel 10 News, said *Forever Young* was the team he wanted to join!

Information on Reiki and the SDRC was provided to a number of the attendees. About 15 people received Reiki treatments—the two tables were full until the walkers took off. Once the walkers returned, the highlight of the morning occurred when a young man about nine years old rushed up and asked, “Is this for grown ups only?” When assured it was for everyone, he hopped up on the empty table, stating, “I’m exhausted!” What a delight to experience his total and enthused acceptance of Reiki.



Tommy Peters found Reiki's not just for grown ups!

Representing the SDRC were Shirley Weaver, Susan Barrett, Suzanne Simons, Romel Hokanson, Jeff Nesthus (Romel's student), Phil Poisson and Serena Poisson. Susan Barrett also was a member of *Team Bobby* which was formed to honor Robert Sackett Paton, in 2007, two years before he died on July 1, 2009. Bobby was the son of Carol and Al Paton. Thomas (Tommy) Peters, their grandson, is 9 years old and is one of Bobby's nephews.

Thanks to Shirley, Romel, Jeff, Susan, Suzanne, Phil and Serena for representing the SDRC in such a caring and generous way. And to the rest of the corps, be on the look out for the next opportunity to be of service and represent SDRC.