

Sept

2025

Reiki Shares and SDRC Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13 Breathwork & Toning 2-5pm La Mesa
14	15	16 Unity City Heights Meditation KathySuePapike @yahoo.com	17 Reiki Share La Mesa Judicatg @yahoo.com	18	19	20
21	22	23	24	25	26	27
28	29 Reiki Bowls Zoom Mary-joy@cox.net	30 Reiki Share Encinitas Mary-joy@cox.net				