



Welcome New Members! This month new members include **Andrea Altmann, Sharon May** and an old friend, **Ivan Marin**.

Celebrating Years of Membership:

Cindy DiTullio **6**
Shelly Parsons **5**

SDRC Reiki Shares:

Open to all practitioners: Level I, II, III. It is our intent to mentor by providing a forum for Reiki Practitioners to learn techniques to expand their Reiki repertoire, relax with a mini-session and network with like-minded people. RSVP's are required and they are free. Shares are offered in **La Mesa, San Marcos, and Vista**.

Have you Joined us on MeetUp?

The primary objective of the San Diego Reiki Corps is to create a Reiki community in which we can join together to educate and support both our members and general public. Look for us on:

- SDRC/San Diego Reiki Corps MeetUp
- Reiki Training MeetUp
- Reiki Spirit MeetUp

Donations: Thanks to:

Zoes Jolly Jumpers, Roynon Museum, Delight Of France, Shyanne Wright, Terry Wolfe, Stater Bros., Trader Joe's, Sprouts Market, Albertsons, Serena Poisson, Vons, Kat Papike, Melissa Prado, Mary Joy Neuru, Janet Falconer, Nedra Abramson, Maria Huston, Roxanne Chrestman, Lotus Cafe, Cardiff Wellness Center, Soul Scape, Swami's Cafe, Windmill Farms.

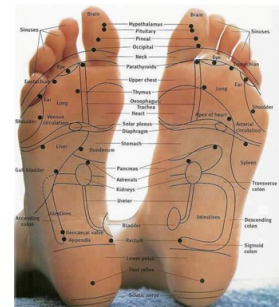
HANDS ON NEWS

from San Diego Reiki Corps

Save the Date! June 24th, 1:30pm - \$20 per person

What Do Your Feet Say About You?

Learn about the Body's own inherent healing process. Explore the 3 energy systems represented on the hands and feet. Expand your understanding of symptoms and the messages they offer.



Deepen your knowledge of emotional (EQ) and spiritual (SQ) intelligence.



Marcie Hintz is a Reflexology/ Acupressure Therapist at Scripps Memorial Hospital. She facilitates the Integrative Health programs, workshops and education for staff and public. Marcie also Coordinates Code Lavender Employee Care and Recognition.

Make reservations at - **SanDiegoReikiCorps.org**

At the door and non-SDRC members \$25

First United Methodist Church in Mission Valley
 2111 Camino del Rio S., San Diego, 92108

The Victorian Home Tour in April was a fun, successful event! Kudos to Mary Joy, Serena, Volunteers, and Readers. There were many donations. SDRC met its fundraising goal! Thank you to all who made this event possible!

**Community Outreach Opportunities
 Veteran's Stand Down, June 29, 30, July 1**

CONTACT OUTREACH BY MAY 30TH

Meditation Group at Unity Church of El Cajon
 3rd Wednesday Night 7:00-8:00

For more information, details and scheduling, contact:
Outreach@SanDiegoReikiCorps.org